

# BRIDGE CARE TRANSITIONS

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We call it Bridge because that's what we build: A bridge of care from the hospital to home. Sometimes after a hospital stay, you might need a little extra help – and Bridge is here to make sure your needs are met when you get home.

This is a service provided by the hospital at no cost to you.



# HOW DOES BRIDGE WORK?

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You'll meet your Bridge Transition Coach while you're still in the hospital. Your Bridge coach will work closely with the hospital staff to make sure your discharge goes smoothly. Once you're home, your coach will call and visit you three times over the course of a month. You may qualify for additional support in several areas:

- Connections with nurses who can help you manage your medications
- Help making a list of healthy goals and a plan to achieve them.  
(Not sure what your goals are? Your Bridge coach would be happy to help you identify goals that are custom-fit for you.)
- Help identifying warning signs and symptoms to watch for, and what to do if you experience them
- Connecting you with people in the community who can help you with your unique needs, such as housing, transportation, nutritious meals, and money management services
- Help with housekeeping or other housing services
- Care coordination and advocacy
- Medical equipment and/or an emergency home response system

## **CONFIDENTIALITY:**

We take your confidentiality seriously. The Bridge Care Transitions program complies with HIPAA laws, ensuring your private details stay private.

